

The Shangri-La

▶ SHANGHAI ▶ KUNMING ▶ LIJIANG ▶ HETAOYUAN ▶ ZHONGDIAN

Tailor-made for 12 days

Highlights

- Cosmopolitan Shanghai
- Zhongdian – heart of Shangri-La
- Unique culture and customs
- Two day trek
- Fabulous scenery

A fascinating journey deep into Shangri-La including a two day trek in Tiger Leaping Gorge.

Shangri-La stretches across Sichuan, Yunnan and Tibet and lies on the Yunnan-Guizhou Plateau. The area is well known for picturesque scenery and a diverse cultural mix. It has been home to many ethnic communities for thousands of years, all of which have their own colourful and unique customs.

Starting in the vibrant and cosmopolitan city of Shanghai you have the opportunity of sampling a city in constant transition. A city with a fascinating history and an exciting future.

You enter Shangri-La from the south through Yunnan Province. Starting in Kunming travel by air and road to the heart of Shangri-La, Zhongdian. The journey includes a stopover in the ancient city of Lijiang. Then two days trekking in Tiger Leaping Gorge will take you deep into remote parts of this wonderful area. Back to Zhongdian to visit Bitahai Lake and Songzanlin Monastery and enjoy this incredible town at your leisure.

Itinerary

Day 1

Fly to **Shanghai**.

Day 2

Arrive Shanghai. Rest of the day at leisure.

Day 3

Full day tour including Yuyuan Garden, Jade Buddha Temple, Shanghai Museum and the Bund. Shanghai Acrobatics performance in the evening.

Day 4

Fly to **Kunming**. City tour visiting Western Hill, then on to the Bird and Flower Market.

Day 5

Fly to **Lijiang**. Rest of the day at leisure.

Day 6

Full day tour including Baisha Frescoes, Black Dragon Pond Park and Lijiang Old Town.

Day 7

Drive to **Tiger Leaping Gorge**. Trek from Qiaotou to **Hetaoyuan**.

Day 8

Trek to **Daju** and drive to **Zhongdian**.

Day 9

Half day tour to Songzanlin Monastery. Rest of the day at leisure.

Day 10

Half day tour to Bitahai Lake. Rest of the day at your leisure.

Day 11

Fly to **Kunming** with a connecting flight to **Shanghai**. Rest of the day at leisure.

Day 12

Return flight.



This Tour Includes:

- International flights and air taxes.
- Domestic flights as described in economy class including air taxes.
- 10 nights hotel accommodation.
- Full sightseeing program with English speaking guide and entrance fees.
- Private transfers as described.
- 10 breakfasts, 6 lunches, 4 dinners.

